

# Day Theatre Patient Journey

## ADMISSION

- Present to admission desk to sign any documents required & pay your theatre fee (if applicable)
- From the waiting room you will be called and escorted by a pre-admissions nurse through to the change rooms. The nurse will give you your appropriate theatre gowns and then direct you to the pre-operative waiting room

## PRE-OPERATIVE WAITING ROOM

- In this room you will be seen by a pre-operative nurse, your anaesthetic Nurse, your anaesthetist and sometimes your surgeon
- Here you will wait until the theatre is ready for your procedure. We have 3 theatres operating with different Doctors so don't be alarmed if there are several people called before you

## THEATRE

- On arrival to the operating theatre you will be introduced to the team looking after you. Your doctor and anaesthetist will be present
- You will then be placed on a theatre bed with a blanket to keep you comfortable
- Your anaesthetist will guide you through the next process which is your sedation (if applicable) for the procedure

## RECOVERY ROOM

- This is where you will wake up from your procedure. There will be a nurse by your side who will be monitoring you and any pain you may have, ensuring you are kept as comfortable as possible
- When you are ready your nurse will help you get changed back into your own clothing and escort you to the discharge lounge

## DISCHARGE

- Your nurse will direct you to one of our lounge chairs where you will receive refreshments
- The nurses will ring your pick up person and will gather your paperwork together
- Sometimes your doctor will come & speak to you in the discharge lounge, but sometimes they may prefer to see you in their rooms. Your nurse will explain any side-effects from your procedure, your post-op appointments & any medication instructions
- You are then ready to exit the building with the person arranged to pick you up